

User Manual

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Welcome to Nadi Tarangini, the pulse of progress.

Now, you will be able to harness the ancient science of Nadi
Pariksha in a modern, easy-to-use format. Using Nadi
Tarangini, you will be able to show your patients, and see for
yourself, objective evidence to support your conclusions.

Nadi Tarangini will help you to win patients' trust and retain
them longer, monitor the effectiveness of your treatment
and manage your practice effortlessly. Atreya Innovations
thanks you for choosing Nadi Tarangini, and welcomes your
suggestions and feedback.

Feedback Link: https://naditaranginiangini.com/feedback



In the box you will find

- Nadi Tarangini device
- USB charging cable
- O Power adaptor
- User manual



Ouick Start Guide

Nadi Tarangini is futuristic intelligence at your fingertips. It functions as an integrated system of gadgets + mobile application + software. It can be used only with the Nadi Tarangini App and software provide by Atreya Innovations Pvt. Ltd. Please do not attempt to use any of the components with any other application.

Create your account on naditarangini.com or on the Nadi Tarangini App (Download from Google Play Store or App Store). Please refer to the demo video sent to you for detailed instructions on how to use the app and the device. Latest Software Version for Web interface is 1.0.3 & Mobile app version is 2.0.4. You can also view the demo video on Link: https://naditarangini.com/how-to-use

Please charge your device fully with the charging cable provided, before using it for the first time. You can plug it into your computer's USB port or any standard mobile adaptor to charge the device. A green light on the battery indicator indicates that the device is fully charged, blue/red indicates low charge, a blinking green light indicates that the device is charging.

Intended use

The device is a diagnostic system to measure and display a pulse report with the help of AI as per the principles of Ayurveda.



Keep Dry



Don't use if the



Medical



Refer to instruction



package is damaged

Device



Made in India







Brief Description

Nadi Tarangini is the pulse monitoring device based on Ayurvedic principles. Nadi Tarangini report envisages present and possible ailments, giving recommendations on diet and lifestyle changes.

How it works?

Nadi Tarangini is an advanced digital pulse diagnosis system that captures and analyses your pulse signals. Using precise sensors, it records the nadi (pulse) at three locations on your wrist. These pulse signals are then processed by the software, which analyzes them to provide insights into your health based on traditional ayurvedic principles. The system offers personalized health reports, helping you and your doctor make informed decisions for well-being.

Registration

Sign up with your personal details to create your account



Add patient

Create a patient account to use the inbuilt patient management system.



Capture Nadi

Patient's nadi is captured using Nadi Tarangini in 1 min and Nadi report is ready.



Nadi Report

Expert explains graphs & scores in Nadi's report to the patient with diet-yoga suggestions.



Operating Instructions

- Nadi Tarangini is a battery-operated portable device. It is powered via a 3.7V lithium-ion battery, which is present inside the device.
- Nadi Tarangini battery can be charged via USB cable (included in the box) connect it to the USB port of your laptop.
- Nadi Tarangini battery can also be charged via power adaptor of the rating, INPUT: 100-240VAC ~ 250mA 50-60Hz, OUTPUT: 5.0VDC - 1500mA (CE marked)
- If Nadi Tarangini battery is low, it will either blink with the green color or turn red depending upon the battery discharge level. Red LED indicates the battery is deep discharged and blinking green indicates the battery is moderately discharged.
- A sufficiently charged battery is indicated by a non blinking green LED.
- Before using please make sure Nadi Tarangini battery is sufficiently charged.
- Nadi Tarangini can be used either on your PC or mobile, no additional software is required for your PC. PCbased system is browser-compatible. For minimum system requirement (Please refer to section system requirement)
- The mobile application can be installed from the Play Store or App Store (QR code mentioned at the last page of this manual)
- You can continue using the Nadi Tarangini as per section "How to use" of this manual.
- Please turn off Nadi Tarangini device when not in use.

System Requirement

- PC Requirement,
 - o Operating System: Windows 10 & 11, All Mac Devices
 - o Browser: Google Chrome
 - o Processor: Intel Core i3 & Above,
 - AMD Ryzen 5 & Above
- o RAM: 8GB & Ahove
- Mobile Requirement,
 - Operating System: Android 9 13, IOS 12 - 17
 - RAM: 8GB & Above



How to use

- Create a doctor's account on (https://dashboard.naditarangini.com/sign-up) or Download Nadi Tarangini App (Google Store/Play Store)
- View the detailed demo at Nadi Tarangini YouTube channel (https://youtube.com/@NadiTarangini)
- You can find compatibility information for using our Nadi Tarangini device, as well as sample reports (https://www.naditarangini.com/downloads)
- Please charge your device fully and start the diagnosis of patients using Nadi Tarangini.
- The patient's information and their pulse reports are available in the above-created login on the dashboard.
- User incorrectly filling in the patient information which leads to loss of traceability.

Contra indications

Nadi Tarangini should be used only in the presence of ayurvedic doctors or expert practitioner and should not be used by the patients. Please refer to the terms and conditions mentioned on the website.

Link: https://naditarangini.com/tc

Adverse events

There are no adverse events observed. The actionable items in terms of diet and medicine are to be decided by the qulaified medical practioniner and acted upon under the guidance and observation of them.

Performance

- Battery takes approximately 2 hours to get fully charged with the power apadtor or USB cable. (As mentioned in the Operating Instructions)
- Once fully charged Nadi Tarangini can be used for more than 3 hours without having to charge the battery.
- Nadi Tarangini can be used to take at least 1 million nadi readings during its lifespan.
- No specific temperature or humidity conditions is required to be maintained to operate the Nadi Tarangini device

Device Maintenance

Nadi Tarangini comes to you in a specially designed, portable box that holds each of the components in place. If you need to take the device from one location to another, it is recommended that you do so by placing the device back in the box so as to prevent any damage.

Nadi Tarangini comes with 6 months free hardware maintenance.

The doctor's unit is maintenance-free. Please do not attempt to clean the same. Only the external surface of the patient's unit might need periodic cleaning to remove dust and stains. Use a soft, clean cloth sprayed with water /surface cleaner to clean the surface from time to time. Please do not spray liquids directly on the device surface.

Before cleaning the device, please switch it off and unplug the charging cable from the socket.

Do not use alcohol or harsh chemicals to clean the device.

All batteries have a limited lifespan and will begin to lose capacity after several thousand charges/discharges.

Please switch off the device when not in use to preserve battery charge.

Component list & Replacement Instructions

- USB charging cable: USB 2.0, USB Type A Mini USB. Length of minimum 1 meter.
- Power Adaptor: INPUT: 100-240VAC ~ 250mA 50-60Hz, OUTPUT: 5.0VDC - 1500mA (CE marked)
- Nadi Tarangini Device: Please contact customer support for any repair or replacement.



Safety Information

Failure to follow these guidelines may cause injury to your device, property, yourself or others.

- This device is not water-resistant. Please keep the device on a dry surface, away from water and humidity.
- Please use only the charging cable provided by Atreya Innovations to charge the device.
- All the electrical components are integrated into the patient's and doctor's units. Do not attempt to modify any cables. Do not dismantle the device on your own.
- Do not connect your device to a high-voltage power supply or the battery could get damaged.
- Do not hit, shake or drop the device to avoid damage and injury. Do not write or twist the TPU material in the doctor's unit to avoid damage to the same.
- Do not place heavy objects or apply pressure to the device, as this may damage the components or the device itself.
- · Do not use the device around flammable gas.
- Do not charge the battery under the following conditions in direct sunlight, in temperatures below 5°C or above 40°C; in an environment with humidity, dust or strong vibrations; in areas near a TV, radio or other electrical appliances.
- When disposing of components like dead batteries, it's important to first consult local regulations and guidelines to ensure proper disposal procedures are followed. To mitigate the risk of short-circuiting, it's advisable to cover the battery terminals with tape or place it in individual plastic bags. Find a specialised recycling centre or drop-off point that accepts lithiumion batteries to ensure they are handled safely and responsibly. Avoid placing batteries in regular trash or recycling bins to prevent potential environmental harm.
- If device is to be disposed without battery, please follow E-waste management guidelines.

The spiral cable connecting the doctor's unit and patient's unit is built-in and cannot be removed. Please do not pull or remove the same. Please ensure that the spiral cable is not stretched to its full length during use to avoid excessive strain on the spiral cable.

Precautions

- Nadi Tarangini can be used on any patients between the age groups of 18 to 75.
- · Nadi Tarangini is not recommended for,
 - Pregnant ladies
 - Psychotic patients
 - Hospitalized patients with life supports
 - Patients on cortico-steroid medications
 - Those with comorbid conditions, chronic debilitating disorders, on regular medications
 - Those who do not have consent to undergo test by Nadi Tarangini

Warnings and cautions

- Keep the device on a dry surface, away from water and humidity.
- Please use only the charging cable provided by Atreya Innovations Pvt. Ltd. to charge the device.
- Do not dismantle Nadi Tarangini device on your own.
- Do not connect your device to a high-voltage power supply (beyond DC3.7V), or else the battery could get damaged.
- Do not hit, shake or drop the device to avoid damage and injury.
- Do not place heavy objects or put pressure on the device.
- · Do not use the device around flammable gas.
- The temperature range for using Nadi Tarangini is -5 degrees Celsius to +40 degrees Celsius.
- Do not use the device in a dusty environment.
- Please do not pull or remove the spiral cable used in Nadi Tarangini.

Indication of use

Nadi Tarangini provides 22 indications or parameters in the 10 page pulse-report (Prakruti, Vata, pitta, kapha, rate, rhythm, gati, samata, Bala, angi, laghu, guru, tivrata, mandata, tikshnata, sukshamata, snigdhata, rukshata, kathinta, mruduta, thoughts, emotions) which the Ayurvedic doctors use while treating their patients. Nadi Tarangini's report also indicate the food and yoga recommendations based on the recording.



No.	Warnings	Action
1	Device connectivity issue Could not reach to selected NT device If it's already connected, then restart your NT device and try again Make sure you select your NT device number to connect.	There are multiple ways to resolve this problem, please make sure your Mobile's Bluetooth is turned ON & Restart your Nadi Tarangini device.
2	Device connectivity issue Could not reach to the selected NT device Plug in and Plug Out your NT device and make sure it is connected, then restart your NT device and ty sagain Make sure you select 'Simple CDC' option from the pop-up after clicking Connect button	There are multiple ways to resolve this problem, please make sure Plug in and Plug Out & Restart your Nadi Tarangini device.
3	Nadi not captured properly Restart your NT device and try again. Its recommended to captured nadi for atleast 30 sec	Restart your Nadi Tarangini device and connect again.
4	Mobile number already exists	Reach out to our customer care team at +91 9168616016.
5	Internet connectivity issue Check you internet connection and try again	Try turning On & Off your internet connection to get this issue fixed.
6	Invalid device NT00**** is not linked to your account.	Reach out to our customer care team at +91 9168616016.

Product Specifications

No	Particulars	Product Specifications
1	Dimensions	280mm X 95mm X 75mm
2	Weight	354gm
3	Battery Capacity	1800mAh
4	Color	Grey
5	Charge	USB Charging
6	Shelf Life	NIL

Germs of Use and Privacy policy

On purchasing Nadi Tarangini, you agree to all the terms of use and the privacy policy (as listed on the app and website). For a detailed listing of the same,

Please visit link: https://naditarangini.com/tc





Scan and start using our app





Manufactured By

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